

# Our Mission

Our mission is to provide our patients with the highest quality, most technically advanced, "patient-centered" spine care, delivered in a personalized and private setting. We offer a multidisciplinary and individualized approach to our patients, utilizing the expertise and experience of a surgeon on the teaching faculty of Harvard Medical School, and offering care at New England's top hospitals for Orthopaedic Surgery.



# Personalized Care

We provide individualized spine care in a personal and private setting. Our sole concern is what is in the best interest of our patients. We aim to provide a "concierge-like" experience, spending as much time as is needed at each appointment and assisting our patients along every step of the preoperative and postoperative process. Our staff is professional, caring, attentive, and empathetic. Our goal is to provide you with an accurate diagnosis, review all of the options for treating your condition, have you make the best possible informed decisions, and take good care of you. This is not a clinic. We do not aim to be a "high-volume" practice – we treat one patient and perform one surgery at a time.

# Experience

Although our current practice focuses on degenerative conditions of the cervical and lumbar spine, minimally invasive surgery, and injured

# Expertise

Dr. Pedlow has trained at some of the best hospitals and universities for Orthopaedic Surgery and Spine Surgery in North America and England. In addition, his training years also included years of experience in both General Surgery and Neurosurgery. He is among the few surgeons trained in both the neurosurgical and orthopedic spine principles and techniques of spine surgery. When surgery is needed, he utilizes established, safe, and effective surgical treatment methods, often employing the latest techniques and advanced technologies to minimize the invasiveness of surgery.



# Ethics

Our practice treats one patient at a time, and our sole concern is what is in the best interest of our patients. Dr. Pedlow performs one surgery at a time and does not use multiple operating rooms. Although Dr. Pedlow at times works with Orthopaedic Residents and Spine Fellows, he performs the surgery and is responsible for all aspects of your care. He will be in the OR from the moment you fall asleep until you wake up.

# No Conflict of Interest

Dr. Pedlow has long enjoyed and appreciated his relationship with the professionals of the spine industry. Working with them to provide his patients with the best options, and at times in the development of new products, he has only entered into consulting agreements when it had the potential to benefit his patients. This has eliminated the potential for a conflict of interest when deciding on a course of treatment. As a surgeon in private practice he is not subject to any corporate or departmental quotas, pressure to refer patients to any specific affiliated entity for imaging, physical therapy, or any other care-related issue, or any supposed "gainsharing" relationships.

# Our Patient Care Goal

We have the goal of relieving pain and discomfort and returning patients to their normal life and activities as soon as possible. We do our best to facilitate prompt evaluations, maintaining effective communication, and promoting the continuity of care from the initial evaluation to the completion of treatment. Our office staff is respectful, professional, and knowledgeable. As a private office we pride ourselves on giving patients the time and attention they need to understand their condition and their treatment options.

workers, as a spine surgeon working at a tertiary care referral center and Level 1 Trauma Center for the past 20 years, Dr. Pedlow brings a vast amount of experience to the care of his patients gained from treating the most complex and challenging of spine conditions.

# Conditions we treat:

- Cervical Disc Herniation
- Lumbar Spondylolisthesis
- Lumbar Disc Herniation
- Lumbar Degenerative Disc Disease
- Cervical Myelopathy and Stenosis
- Lumbar Spinal Stenosis
- Degenerative Lumbar Scoliosis
- Spinal Instability

# Results

The best results following spine surgery follows obtaining an accurate diagnosis, identifying all aspects of a condition that cause pain and other symptoms, and implementing an appropriate, diagnostic-specific treatment plan. In short, the right diagnosis – the right plan of treatment – surgical excellence. As we aim to achieve the best results possible for our patients, our approach is conservative – making sure non-operative options have been exhausted – and when necessary offering a surgical plan specific to the patient needs, and not more.





# Locations

## Boston Spine Surgery Massachusetts General Hospital Office

30-32 Lancaster Street, 2nd Floor  
Boston, MA 02114

tel: (617) 227-9300

fax: (617) 227-3800



## Office Hours and Appointments

Monday: 8:30 am - 4:30 pm

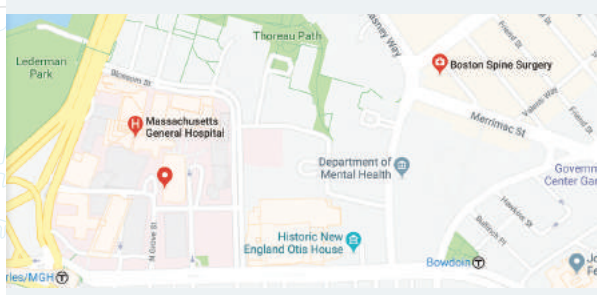
Tuesday: 8:30 am - 4:30 pm

Wednesday: 8:30 am - 4:30 pm

Thursday: 8:30 am - 4:30 pm

Friday: 8:30 am - 4:30 pm

\*Note - We are closed for lunch from 12:00 pm - 1:00 pm



# MGH and NEBH

Massachusetts General Hospital and New England Baptist Hospital are the two top orthopaedic surgery hospitals in New England. MGH is the third oldest general hospital in the United States and the first teaching hospital of Harvard Medical School. This world-renowned medical center offers sophisticated diagnostic and therapeutic care in virtually every specialty and subspecialty of medicine and surgery. US News & World Report has ranked MGH in the top 5 hospitals in the United States since ranking has begun, most recently #4. In 2017-18 it was ranked the 7th top hospital in the US for Orthopaedic Surgery, and the #1 Orthopaedic hospital in Boston and New England. NEBH is a 141 bed hospital specializing in orthopedic care and complex orthopedic procedures. NEBH is a regional, national and international leader in the treatment of all forms of musculoskeletal disorders, recently ranked #16 nationally. It is consistently ranked as one of the country's top hospitals for orthopedics, receiving national recognition for high patient satisfaction, quality, and clinical outcomes.

## It's Your Decision

Patients choose surgeons in various ways: by word of mouth, from knowing others who have been treated by a particular surgeon, through research, recommendations by other health care professionals, on-line reviews, and by primary care physician (PCP) referral. Although historically a referral from your PCP – who one assumed was very familiar with the surgeon's character, experience, abilities, and outcomes – was an excellent source of referral (and in many cases may still be), some physician groups and restrictive insurance networks can put pressures on doctors to refer within a specific network. Spine surgery is rarely an emergency, or essential, and the decision to proceed with surgery, as well as the choice of surgeon, are yours to make.

# Frank X. Pedlow, Jr., M.D.

Dr. Pedlow is a board-certified, fellowship-trained spine surgeon, specializing in the surgical treatment of disorders of the adult spine. He is a member of the Department of Orthopedic Surgery at the Massachusetts General Hospital and New England Baptist Hospital, and an Associate Professor of Orthopaedic Surgery at Harvard Medical School. He is board certified by the American Board of Orthopaedic Surgery and is a fellow of the American Academy of Orthopaedic Surgery.

Dr. Pedlow's practice today specializes in the diagnosis and treatment of degenerative conditions of the cervical and lumbar spine, minimally invasive spine surgery, motion preservation surgery including cervical artificial disc replacement, athletic injuries to the spine, and spine care of the injured worker. He is one of the only spine surgeons in New England that has received training in both the neurosurgical and orthopedic principles and techniques of spine surgery.

Dr. Pedlow has been named a Top Doctor in Boston Magazine's "Best Doctors" issue and has consistently been named by Best Doctors, Inc. one of the best orthopedic spine surgeons in Boston. He has received this honor more than any other orthopedic spine surgeon in Boston.

Dr. Pedlow has also been named one of the region's "Top Doctors" by Castle Connolly Medical, Ltd. He has served as the spine consultant for the Boston Bruins and has treated players from every major professional and many collegiate sports teams in Boston.

Dr. Pedlow enjoys the privilege of practicing spine surgery and living in the City of Boston and has done so for the past 20 years.



## Frank X. Pedlow Jr. MD

Boston Spine Surgery

Why Choose Us  
*We Welcome Comparison*

 **Mass  
General  
Brigham**

Our Affiliations

 MASSACHUSETTS  
GENERAL HOSPITAL

 HARVARD  
MEDICAL SCHOOL

 New England  
Baptist Hospital

We specialize in:

Workers Compensation Injuries  
Athletic Injuries to the Spine  
Minimally Invasive Surgery  
Computer Assisted surgery

[bostonspinesurgery.com](http://bostonspinesurgery.com)  
[newenglandworkinjury.com](http://newenglandworkinjury.com)